

Inpatient Detox Unit

In order to recover from addiction, you may need to complete a drug detoxification. A detox is essential in recovery because over time the body has become dependent on drugs. During the detox process, all of the drugs and toxins are removed from your body. The detoxification allows you to beat your cravings. Make the choice today to transform your life and make substance abuse a thing of the past for you or a loved one. You are in the driver's seat in taking back control of your life, but you are never alone. Change your life by taking the first step.

Importance of a Medically Safe Detox

It is imperative that you don't try to detox on your own. Quitting drugs without medical supervision can be dangerous. When people try to detox by themselves, they often experience serious withdrawal symptoms including:

- Tremors
- Seizures
- Hallucinations
- Cardiac arrest

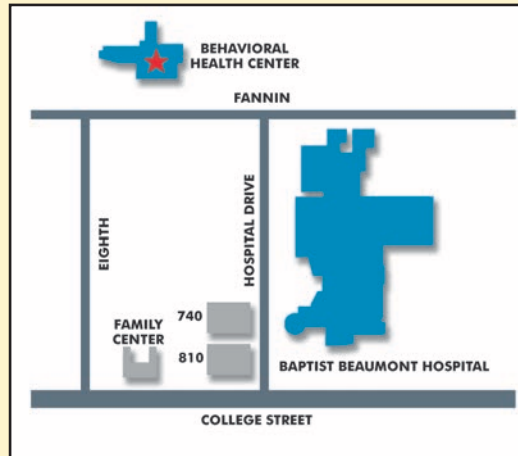
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www.tvc.texas.gov

The Road to Recovery Begins Here

Inpatient Detox Unit For Veterans and Their Families



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Hospitals of Southeast Texas
Behavioral Health Center

Performing Sacred Work Every Day

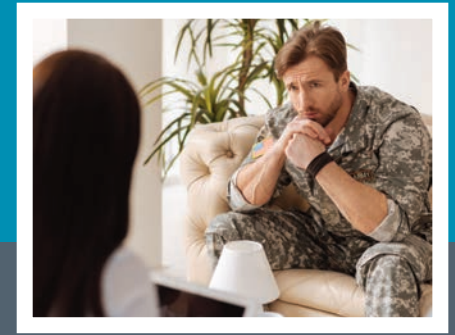
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Inpatient Detox Unit For Veterans and Their Families



This inpatient Detox Unit is designed for you to receive a safe and medically supervised detox. A medically assisted detox allows you to avoid dangerous withdrawal symptoms. During the drug detox, you will be carefully monitored by our physicians and psychiatrists. We will make sure that you are as comfortable as possible throughout the process.

Our doctors and nurses are available to provide medical support 24/7, if necessary.

After you have been treated at our drug detox unit, you will be ready to start the next phase of treatment.

To learn more about our drug detoxification process, call the Detox Unit at 409-363-4180

About The Treatment Unit

At the Detox Unit, we offer comprehensive treatment plans to individuals suffering from drug addiction. After you have completed a detoxification, you will begin your customized treatment plan. Services available that may be incorporated into

your treatment plan are:

- One-on-one addiction counseling
- 24-hour nursing care for patients experiencing critical symptoms
- Medically managed detoxification
- Group therapy
- Family therapy
- Activity therapy
- Christian-based treatment program
- Relapse prevention
- After-care outpatient services for continued treatment available

Criteria for Admission

- **Veteran**
Must have had “active“ military, naval or air service. Reserves and guard members are included regardless of duty status.
- **Dependents**
Spouse, minor son or daughter, including stepchild or adopted child of Texas veteran residing with the veteran under the age 24 if a full-time student.
- **Surviving Spouse**
The non-remarried spouse of a deceased veteran who was married to the veteran while on active duty.

- Voluntary admission
- Primary substance use disorders
 - ◆ Opiates
 - ◆ Benzodiazepines
 - ◆ Alcohol

Unable to Accept the Following

- Pregnant
- Individuals with an active infection or requiring isolation
- Requires supplemental oxygen beyond nasal cannula
- Unable to perform own personal care

If you're ready to end the destructive cycle of drug or alcohol addiction, or for more information, contact us now at **409-363-4180**.

We are available 24 hours a day, 7 days a week.