

# Baptist

## Hospitals of Southeast Texas Regional Cancer Network

*Performing Sacred Work Every Day*

### The Baptist Regional Cancer Network Difference:

#### Our Doctors and Staff:

- Board Certified Oncologists
- ONS Certified Nurses
- Registered Radiation Therapists

#### Care Provided

- Patient Navigation
- Radiation Therapy
- Chemotherapy
- Immunotherapy
- Hematology

#### Specialty Clinics and Services

- Suspicion of Cancer Clinic
- Genetic Counseling and Testing Clinic
- Lung Cancer Screening Program
- Clinical Trials
- Community Outreach Programs

#### Support Services

- Cancer Registry
- Tumor Boards
- Nutrition Counseling
- Behavioral Health Therapists
- Spiritual Support
  - Chaplain
  - Faith Community Nurse
- Patient Support Groups
- Caregiver Support

**Where Commitment and  
Caring Come Together**



**Danny Chow, MD**  
Board Certified  
Radiation Oncology



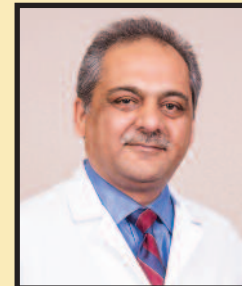
**Ernest Hymel, MD, PhD, MBA**  
Board Certified  
Radiation Oncology



**Chisa Echendu, MD**  
Radiation Oncology



**Harry Smith, MD**  
Board Certified  
Medical Oncology



**Tahir Naqvi, MD, MBA**  
Board Certified  
Hematology/Oncology



**Michael Nash, MD**  
Board Certified  
Medical Oncology



**Sohail Akbani, MD**  
Board Certified  
Medical Oncology

### Cancer Center of Southeast Texas

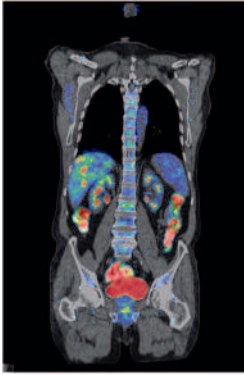
8333 9th Avenue • Port Arthur • (409) 729-8088

### Altus Cancer Center

310 N. 11th Street • Beaumont • (409) 981-5510

### Julie & Ben Rogers Cancer Institute

3555 Stagg Drive • Beaumont • (409) 212-5922



PET CT is an integral component when it comes to cancer care.

Baptist Beaumont Hospital has the **ONLY** dedicated PET/CT unit in Southeast Texas offering appointments 5 days per week.

By having the only in-house PET/CT unit, Baptist Hospital can schedule scans in an efficient and timely manner, minimizing delays in getting cancers staged and treatment plans developed.

Call us today at **(409) 212-5812** to learn how we can help give you a fast track to the right cancer treatment.



**Dauphin Cancer & Screening & Prevention Center**  
**Navigation Program**  
740 Hospital Drive • Suite 140 • Beaumont 77701  
**(409)212-7950**

The possibility of a cancer diagnosis can be a frightening, confusing and overwhelming experience. The Breast & Oncology Navigation benefits provide our patients refuge from this uncertainty by offering personalized services that other cancer treatment centers cannot provide. Specifically, we can assist with the following:

- Understanding abnormal test results and education about a diagnosis
- Scheduling diagnostic procedures or biopsy if necessary such as PET, CT, or MRI
- Direct referral to our Board-Certified team of Medical Oncologists and Radiation Oncologists
- Conduct genetic testing, counseling and education

Additionally, we will:

- Serve as a liaison and facilitate communication between all members of the treatment team
- Facilitate rapid turn-around time on scheduling of tests and diagnosis
- Help patients and families set realistic expectations related to treatment
- Identify valuable resources for transportation, lodging and prescription assistance.



Beautifully designed as a firstclass hotel, offers guests all the comforts of home. A kitchen, two laundry facilities, a computer lounge and 19 guest rooms provide families with a place to rest, and find peace and support.



We are located next to Baptist Hospital and close to the Baptist Regional Cancer Network facilities where families can be close to their loved ones.

## **Cancer is highly preventable and curative when detected early. The key is early detection and screening.**

The American Cancer Society recommends these cancer screening guidelines for most adults. Screening tests are used to find cancer before a person has any symptoms.

### **Breast Cancer**

- **Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms (x-rays of the breast) if they wish to do so.
- **Women age 45 to 54** should get mammograms every year.
- **Women 55 and older** should switch to mammograms every 2 years, or can continue yearly screening.
- Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.
- **All women** should be familiar with the known benefits, limitations, and potential harms linked to breast cancer screening. They also should know how their breasts normally look and feel and report any breast changes to a health care provider right away.

### **Colorectal Cancer and Polyps**

Beginning at age 50, both men and women should follow one of these testing schedules:

#### **Tests that find polyps and cancer**

- Flexible sigmoidoscopy every 5 years\*, or
- Colonoscopy every 10 years, or
- Double-contrast barium enema every 5 years\*, or
- CT colonography (virtual colonoscopy) every 5 years\*

### **Cervical Cancer**

- **Cervical cancer screening** (testing) should begin at age 21. Women under age 21 should not be tested.
- **Women between ages 21 and 29** should have a Pap test every 3 years.
- **Women between the ages of 30 and 65** should have a Pap test plus an HPV test (called “co-testing”) every 5 years.
- **Women over age 65** who have had regular cervical cancer testing with normal results should not be tested for cervical cancer. Women with a history of a serious cervical pre-cancer should continue to be tested for at least 20 years after that diagnosis, even if testing continues past age 65.
- **A woman who has had her uterus removed (and also her cervix)** for reasons not related to cervical cancer and who has no history of cervical cancer or serious pre-cancer should not be tested.
- **A woman who has been vaccinated against HPV** should still follow the screening recommendations for her age group.

### **Lung Cancer**

The American Cancer Society recommends screening guidelines for individuals who are at high risk of lung cancer due to cigarette smoking. If you meet all of the following criteria then you might be a candidate for screening:

- 55 to 74 years of age
- In fairly good health
- Have at least a 30 pack-year smoking history AND are either still smoking or have quit smoking within the last 15 years

### **Prostate Cancer**

Starting at age 50, men should talk to a doctor about the pros and cons of testing so they can decide if testing is the right choice for them. If they are African American or have a father or brother who had prostate cancer before age 65, men should have this talk with a doctor starting at age 45. If men decide to be tested, they should have the PSA blood test with or without a rectal exam. How often they are tested will depend on their PSA level.

**Take control of your health, and help reduce your cancer risk.**

- Stay away from all forms of tobacco.
- Get to and stay at a healthy weight.
- Get moving with regular physical activity.
- Eat healthy with plenty of fruits and vegetables.
- Limit how much alcohol you drink (if you drink at all).
- Protect your skin.
- Know yourself, your family history, and your risks.
- Get regular check-ups and cancer screening tests.



**Should you or a loved one have an abnormal result while undergoing any of these tests or procedures, Baptist Regional Cancer Network can provide assistance through our Suspicion of Cancer Clinic that is designed to assist patients and family members in the following ways:**

- Answer questions about diagnostic procedures and expedite the scheduling process
- Communicate directly with your referring physician and act as a liaison between you and your team of medical providers
- Explain abnormal test results and provide education regarding diagnosis
- Educate you and your family about treatment options.
- Conduct genetic testing, provide counseling and education
- Identify valuable resources for transportation, lodging and prescription assistance

**The Baptist Regional Cancer Network redefines the patient experience by combining knowledge and skills with the support, compassion and spirituality that you deserve. Experience the Baptist Regional Cancer Network Difference.**

**Baptist**  
**Hospitals of Southeast Texas**  
**Regional Cancer Network**  
*Performing Sacred Work Every Day*



Baptist Hospitals of Southeast Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Baptist Hospitals of Southeast Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

[www.baptistcancernetwork.org](http://www.baptistcancernetwork.org)